

e-TAHITI travel

TRAVEL DESIGNERS SINCE 2002



Polynesian Experiences

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SOCIETY'S ARCHIPELAGO

Tahiti



InterContinental Tahiti Resort & Spa

The **Algotherm Dermo Ocean Spa** is a 300 m² space surrounded by tropical gardens. It combines French expertise with Polynesian techniques to offer facials, massages, wellness rituals, steam baths, and a cold-water plunge pool.

Rates vary depending on the treatments.

The hotel also offers activities that include cultural demonstrations of three traditional skills:

- **Pareu tying:** a draping technique that transforms a piece of fabric into a skirt or dress, with a presentation of different styles and patterns.
- **Coconut opening:** a display of strength and skill using traditional tools to open a coconut in just a few seconds.
- **Basket weaving:** an introduction to weaving with natural materials such as pandanus leaves or coconut palm fronds.

SOCIETY'S ARCHIPELAGO

Tahiti



Moana Explorer

A unique experience to discover traditional Polynesian navigation techniques. Accompanied by a local captain, participants learn to steer a vessel using only paddles, without modern instruments, while enjoying the calm waters of the lagoon.

Transfers

- By vehicle: Between Punaauia and Mahina
- By sailing canoe: From Royal Tahitien Hotel and Tahiti by Pearl



Discovery Activity - 3 hours

Participants: 2 to 5 people

Schedule: 9:00 a.m.- 12:00 p.m. or 2:00 p.m.- 5:00 p.m.

Includes: Guide, snorkeling equipment, relaxation break in Matavai Bay, snack



Full-Day Experience - 6 hours

Participants: 4 people max

Schedule: 9:00 a.m. - 12:00 p.m. and 2:00 p.m. - 5:00 p.m.

Includes: Guide, snorkeling equipment, relaxation in Matavai Bay, lunch

SOCIETY'S ARCHIPELAGO

Tahiti



Pare Lodge

Cultural and historical tour guided by **Matari'i**, a specialist in Polynesian culture and arts, for **groups of 4 to 8 people**.

The program includes a visit to **the King's Tomb** and the **Royal Cemetery**, the **James Norman Hall Museum**, **Venus Point and its lighthouse**, **Arahoho's Blower's Hole**, the **Three Cascades of Fa'aurumai** and the **Rock of Tahiti**.

The experience also includes a musical welcome, a cocktail, a Polynesian lunch for the full-day option, as well as cultural workshops.

SOCIETY'S ARCHIPELAGO

Tahiti & Moorea



Tahiti Food Tours

Three culinary tours invite you to explore **Polynesian culture and cuisine through the eyes of a local**. Each tour offers a unique blend of flavors from the three major influences of French Polynesia: Tahitian, Chinese, and French.



1. Moorea Tama'a Street Food Tour

Duration: 4 to 5 hours

Discover authentic local specialties through 10 to 12 tastings (depending on the season): tropical fruits, snacks, fish dishes, pai, mape, and other traditional treats.

Transportation, water, and tastings are included.



2. Private Tama'a Street Food Kitchen Tour (Moorea/Tahiti)

Duration: 4 to 5 hours

Exclusive and personalized experience to share a gourmet moment with loved ones. Same program as the visit to Moorea, with the possibility of adding additional participants.



3. Papeete Gastronomic & Cultural Tour

Duration: 3 to 4 hours

Exploration of the municipal market and surroundings with tastings of local products (10 to 12 depending on the season) and discovery of historical, cultural and street art sites.

SOCIETY'S ARCHIPELAGO

Moorea



Food and CookLab

Food and CookLab offers **Polynesian cooking classes**.

Activities included

Discovery of local products, their history and uses (sometimes picking).

Introduction to traditional skills: use of plants and leaves for cooking.

Preparation of sauces, accompaniments and Polynesian dishes.

Friendly tasting of the prepared creations.

The workshops take place on Mondays, Wednesdays and Fridays throughout the year including public holidays (except Christmas). They take place in the morning, with a departure at 9am and a return at 12:30pm.

SOCIETY'S ARCHIPELAGO

Moorea



Maori Tours

Polynesian Day – Polynesian Canoe, fishing and local traditions

The participants share the day with inhabitants of Moorea, between canoe navigation, initiation to fishing, snorkeling, traditional cuisine and visit of an organic garden.

Practical information:

Minimum age: 12 years – Good mobility required

Duration: 9:00 to 16:00

Included: Transfer, refreshments, snacks, lunch

To plan: Swimsuit, towel, snorkeling equipment, dry clothing, cap, sunscreen, mosquito repellent.

SOCIETY'S ARCHIPELAGO

Moorea



Moorea Ocean Riders

Introduction to Va'a

This outing allows you to discover the traditional Polynesian pirogue (Va'a) and learn the basic techniques of this iconic local sport.

Accompanied by a guide, the participants enjoy an immersion in the turquoise waters of the Moorea lagoon, while learning the history and practice of this discipline.

Practical information:

Duration: 2 h

Capacity: 1 to 8 people

Accessibility: activity adapted for people with reduced mobility

SOCIETY'S ARCHIPELAGO

Moorea



Pareo Mana Moorea

The workshop offered by **Pareo Mana Moorea** invites you to **create your own pareo**. Guided by Marie, a professional who has already made nearly 20 000 pieces, the participants design a unique pareo, personalized according to their tastes.

For optimal organization, it is advisable to do the activity in the morning before going to enjoy the beach of Ta'ahiamanu, have lunch at the Tropical Garden or explore the bay of Opunohu and the Te Fare Natura ecomuseum, then collect the finished pareo on the way back. The activity, however, depends on the weather: rainy days do not allow for it. It is therefore recommended to contact Marie in advance to check her availability.

SOCIETY'S ARCHIPELAGO

Moorea



Tiki Village

The Tiki Village is **a living reconstruction of a traditional Polynesian village**. Located by the lagoon, it houses **traditional fare**, a **marae** and **several spaces dedicated to craft practices**.

Available activities

- Visit of the traditional fare and discovery of local crafts.
- Cultural workshops: braiding, dyeing parry, making tifaifai (Polynesian patchworks), basketry and other skills passed on by the village inhabitants.
- Galerie Gauguin and Fare Sylvain: exhibitions of works and photos of the Tahiti of yesteryear.
- Traditional shows: Polynesian dances and fire dancers, with the possibility of dinner-show at the restaurant "Le Tiki".
- Traditional Polynesian weddings: personalized ceremonies in an authentic setting.
- Outings on the lagoon in a canoe and visit to a pearl farm.

SOCIETY'S ARCHIPELAGO

Moorea



Vaapiti

Vaapiti is a **double canoe inspired by the ancient Polynesian boats**.

It can accommodate up to 8 passengers and 2 crew members.

Proposed activities

- Introduction to traditional navigation: learning sailing and heading, with discovery of the history of Polynesian canoes.
- Observation of marine fauna and flora, with loan of snorkeling equipment.
- Tasting of local specialties and refreshments on board (juices, seasonal fruits).
- Sailing for an experience combining adventure, sensations and contemplation.

SOCIETY'S ARCHIPELAGO

Bora Bora



Bora Bora Pearl Farm

Immersive discovery of the pearl culture on the motu Taufari'i, facing Mount Otemanu. The experience begins with a **guided tour** and a **presentation of the history of the pearl oyster**, followed by the **grafting and harvesting stages**.

At sea, a **snorkeling** outing allows you to observe the **oyster strings** and choose which one will be open. Back on land, a moment of conviviality is offered around refreshments and local music, before the **harvest of the black pearl** that participants keep as a souvenir.

SOCIETY'S ARCHIPELAGO

Bora Bora



Poe Tour Island – Bora Bora

Discovery of Bora Bora while immersing yourself in Polynesian culture thanks to a warm welcome from the locals.

Activities included

- Discovery tour: Matira beach (with Pareo Show), different bays including Povai, panoramic view of the lagoon, Vaitape, exploration of local nature with fruit trees and medicinal plants.
- Local and friendly meal at home, accompanied by a welcome cocktail.
- Cultural workshops: introduction to Polynesian cuisine, making wreaths of flowers and fruit trays in coconut leaves, decorating coconuts with cultural explanations, introduction to Tahitian dance, discovery of vanilla and Polynesian pareo motifs.

Practical information

- **Duration:** 6h00
- **Departure:** 9:00
- **Return:** 3:00 PM

SOCIETY'S ARCHIPELAGO

Huahine



La baie du paréo

Two-hour workshops, led by local artisans, which allow to **discover and practice the traditional techniques of making pareo**. Each participant leaves with their own creation, customized according to their tastes.

Hours:

Monday, Tuesday, Wednesday, Thursday, Friday, Sunday

Two slots: 9:00 - 11:00 or 13:00 - 15:00

No workshop on Saturday

Reservation on site

SOCIETY'S ARCHIPELAGO

Huahine



Hineoravai Island Tour

Guided excursions that offer an immersion in the culture, traditions and authentic landscapes of Huahine, between historical sites, local crafts and encounters with nature.

Strengths of the experience:

Personalized welcome: floral crown offered to women, Tiare Tahiti to men.

Tasting of juice and coconut flesh, seasonal fruits.

Fresh water available during the tour.

Initiation to va'a (rowing) or other immersive activity.

Possibility of private tours on request.



Half-day

Duration: 4 h – Departure 9:00 or 13:30

Availability: every day

Program: ancestral fish traps, sacred eels with blue eyes, HineOraVai cultural sites.



Full day

Duration: 7 h – 9:00 to 16:00

Availability: according to conditions

Program: must-see sites, shell museum, lunch, traditional activity (depending on weather).

SOCIETY'S ARCHIPELAGO

Huahine



Poe Tour Island – Huahine

Discovery of Huahine Nui and Huahine Iti while immersing yourself in Polynesian culture thanks to a warm welcome from the locals.

Activities included

- Discovery tour: panoramic bays, bridge connecting the two islands, marae, vanilla plantation, sacred eels, pearl farm and traditional fish traps.
- Photo stops with spectacular views of the turquoise lagoon.
- Local and friendly meal at Poe's, accompanied by a welcome cocktail.
- Cultural workshops:
 - Initiation to Polynesian cuisine.
 - Making wreaths of flowers, coconut leaf baskets and pareo ties.
 - Decoration of a coconut.
 - Initiation to Tahitian dance.

Practical information

- **Duration:** 6h00 – 6h30
- **Departure:** between 8:15 and 9:30
- **Return:** between 3:30 PM and 4 PM

SOCIETY'S ARCHIPELAGO

Raiatea



Aroha Experience

Authentic immersions that combine nature, traditions and well-being, guided by therapists and native inhabitants of the island, in exclusive and preserved places.



Half day at the river "Niu Escape"

Duration: approx. 4 h

Program: visit of the garden and vegetable garden, swimming, massage

Included: privatized place, 4x4 transfer, local guide, fruit platter and herbal tea.



Connection & spirituality day

Duration: full day

Program: walk towards archaeological remains, river bathing and natural scrub, contemplation circle with pahu sounds, making of lei, oratory narratives at the Marae Tainuu, offering ceremony at sunset.

Included: privatized place, transfer, local guide, vegan lunch, small group (2 to 8 people).



Ceremony "Bond of love" - Marae Tainuu

For couples: exchange of vows in a sacred setting, accompanied by speakers, dancers and local musicians.

Included: transfer, complete artistic team, fruit platter and fresh coconut.

SOCIETY'S ARCHIPELAGO

Raiatea



Niu Shack

Guest house that offers **traditional Polynesian experiences**. These activities invite you to discover local gastronomy, Polynesian traditions of beauty and holistic care, in a preserved natural setting by the river.



Vegan Cooking Class with Vicky

Duration: 5 h

Program: learning simple and creative vegan recipes based on local products, preparation and sharing of the meal, invigorating river swimming.



Beauty ritual with Eva

Duration: 3 h 30

Program: initiation to a body and hair care ritual inspired by Polynesian traditions, scrub preparation and hair mask based on fruits, flowers and coconut from the garden.



Heal the bodies with Naiki

Duration: 1 h

Program: personalized treatments combining yoga, massage and meditation with the sound of the river, offered by a local therapist. Possibility to add a vegan snack.



Gourmet break at the river

Duration: 3 h 30

Program: complete lunch (starter, main course, dessert) based on garden products, followed by a relaxing moment with swimming or rest in the valley.

SOCIETY'S ARCHIPELAGO

Raiatea



Catch and Cook Adventures

Tour on a full day combining **fishing, Polynesian cuisine and discovery of preserved landscapes.**

Key information:

Duration: 7 to 8 a.m. (8:30 a.m. to 4:30 p.m.)

Place of departure/ return: Marina d'Uturoa

Included: drinks (water, local juices), snacks (fruit, lunch), fishing equipment and items, photos and videos.

Program:

Morning fishing: 2 to 3 hours to capture different species in the crystal clear waters of Raiatea and Taha'a.

Lunch on motu: preparation and tasting, with the captain-chef, of a Polynesian meal based on the day's catch.

Back: navigation to Raiatea with stops to explore the natural treasures of Taha'a.

SOCIETY'S ARCHIPELAGO

Raiatea



Faaroa Cruise

Unique experience to explore the natural and cultural heritage of the island.

Discovery of the Sacred Island

- Navigation on the river Faaroa, the only navigable in Polynesia, in the heart of a lush jungle.
- Guided tour of the Marae Taputapuatea (sacred site classified by UNESCO) with a master of ceremonies.
- Barbecue and swimming on a motu to end the day in a friendly atmosphere.

SOCIETY'S ARCHIPELAGO

Taha'a



Faaroa Cruise

Unique experience to explore the natural and cultural heritage of the island.

Discovery of the Vanilla Island

- Visit of a vanilla plantation, a pearl farm and a rum distillery.
- Exploration of the coral garden for a colorful snorkeling experience.
- Buffet on a motu in an idyllic setting.

SOCIETY'S ARCHIPELAGO

Tetiaroa



The Brando



Traditional Polynesian dance

Initiation to dance steps to the rhythm of percussion and singing, on the banks of Tetiaroa. An immersive experience that perpetuates a living cultural heritage.



Pāreu tincture

Learning how to make a traditional pāreu. Participants create a colorful fabric using the tie-dye technique, to take away as a souvenir.



Braiding

Discovery of the Polynesian art of braiding coconut palms and pandanus fronds. Realization of traditional objects, such as a hat to be preserved.



Ukulele, pahu and tō'ere lessons

Introduction to traditional musical instruments, with a fun learning of chords and rhythms, followed by a mini-concert.



Initiation to Tahitian

Discovery of the Tahitian language through simple expressions and basic presentations.



Traditional treatments at the Spa Varua Te Ora

Massages and holistic treatments inspired by ancestral rituals, in a natural and soothing environment.



Personalized experiences

Possibility to meet a local expert to deepen the discovery of Polynesian culture.

TUAMOTU'S ARCHIPELAGO

Ahe



Cocoperle Lodge

Initiation to fishing suitable for all levels.

Proposed techniques:

Traditional palangrotte fishing: grouper, sea bream, red mullet, lutjan, duck's beak, etc.

Net fishing on the reef: parrot, surgeon, jack, etc.

Trolling (classic or stand-up): jack, bonito, tuna, barracuda, king mackerel, swordfish, etc.

Deep-sea fishing: manual up to 100 m, electric reel beyond 350 m.

Sport fishing: throwing from the reef, poppers or jig from the boat in the pass or on the drop-off (equipment not provided).

Underwater hunting for the more experienced, or demonstration by a local specialist.

TUAMOTU'S ARCHIPELAGO

Rangiroa



Gauguin Perles

Guided tour of the pearl farm in Rangiroa to discover the culture of the Tahitian pearl.

Activities included

- Discovery of the history of pearls and cultivation techniques.
- Explanations on grafting, harvesting and classification of pearls.
- Observation of the production process of pearl oysters and possibility to attend the grafting or harvesting according to the season.
- Access to the shop to bring back souvenirs, with lifetime guarantee on the beads.
- Bilingual tour in French or English.
- Photos and videos allowed throughout the visit.

Practical information

- Hours of guided tours: from Monday to Friday at 9:30 am and 2 pm.
- Shop hours: 8h30-12h and 13h-15h.
- No reservation necessary, participation open to all.

TUAMOTU'S ARCHIPELAGO

Fakarava



Havaiki Lodge

Experience "In the shoes of a pearl fisherman" at the Les Perles d'Havaiki pearl farm, **the oldest farm still operating on the atoll.**

Activities included

- Presentation and demonstration of pearl oyster grafting.
- Tasting of the lemon korori (mother-of-pearl adductor muscle).
- Black pearl fishing: recovery of oyster strings, choice and opening to discover the pearl.
- Opportunity to participate in the 'pearl lottery' (3700 XPF per chosen oyster).
- Assembly and creation workshop to leave with the harvested pearl.

Practical information

- Pearl farm created in 1989.
- Supervision by Hugo, specialist in pearl farming.
- Activity mediated and recognized internationally.
- **Free visit, participation only for the lottery of pearls if desired.**

GAMBIER'S ARCHIPELAGO

Mangareva



Nahini Pearl Product

Visit of the pearl farm.

This experiment allows us to understand all the stages of pearl farming: from the **cultivation of young shellfish** on submerged ribbons to the **meticulous insertion of the nucleus**, carried out by specialized grafters.

Customers attend the **opening of the oysters** and, with a bit of luck, leave with their own pearl, rare and precious. The visit also includes the **discovery of marketing methods and jewelry** made on site.

A fascinating immersion in the world of the black pearl, between Polynesian tradition and craftsmanship.

AUSTRAL'S ARCHIPELAGO

Rurutu



Vaitumu Village

Initiation to the art of Polynesian braiding.

Vaitumu Village offers an apprenticeship to create your own **creations in natural fibers of pandanus**. Accompanied by a craftsman, customers discover the traditional techniques used to make **baskets, shopping bags and shopping bags**.

An authentic activity that combines ancestral know-how, creativity and conviviality.

MARQUESAS'S ARCHIPELAGO

Nuku Hiva



Nuku Hiva by Pearl

Initiation into the art of sculpture

Wood carving class led by a Marquesan master. The activity consists of discovering and practicing traditional sculpture techniques, while promoting a cultural exchange with the artisan.

The sessions are held in French.

MARQUESAS'S ARCHIPELAGO

Nuku Hiva



Nuku Hiva à cheval

Horseback riding in Nuku-Hiva, in the heart of the Hatiheu valley, about an hour's drive from Taiohae.

The activity is supervised by Nui, a professional equestrian guide, who offers **rides suitable for everyone**, even beginners thanks to docile and easy-to-ride horses.

The duration varies according to the chosen route, with a minimum of two hours of riding. The formulas include **half-day, full-day or multi-day hikes with bivouac** under the stars.

Some excursions also combine safari by car and horseback riding for a complete immersion in the Marquesan nature.

Transfers are provided in order to facilitate access to the site.

To be booked on site at the accommodation.

MARQUESAS'S ARCHIPELAGO

Nuku Hiva



Initiation to Marquesan sculpture on wood with Etienne Tamarii

Initiation to Marquesan wood sculpture, supervised by **Étienne Tamarii**, a sculptor recognized for more than 40 years of practice of a know-how passed on by his father.

The workshop, lasting **4 hours**, allows to discover the ancestral art of Marquesan sculpture and to experiment traditional gestures on noble wood.

Étienne Tamarii also creates various creations, such as tiki of different sizes, turtles or even kooka (fruit dishes), with great finesse of execution. Some parts can be made to order and adapted to the wishes of customers.